

Year	Autumn 1 - Ourselves	Autumn 2 - Toys	Spring 1 – People Who Help Us	Spring 2 - Where Do I Live?	Summer 1 - Animals	Summer 2 - Journeys
<b>1</b> <u>Statutory requirements</u> These MUST be covered.	Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to: <ul style="list-style-type: none"> <li>♣ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>♣ participate in team games, developing simple tactics for attacking and defending</li> <li>♣ perform dances using simple movement patterns.</li> </ul>					
<u>Statutory requirements</u> These MUST be covered.	PE/ 1 and 2	1,2 and 3 perform dances using simple movement patterns.	1 and 2	1 and 2 perform dances using simple movement patterns.	1 and 2 perform dances using simple movement patterns.	1 and 2
Notes	<b>Indoor</b> - Gym LCP 1-6 <b>Outdoor</b> - Games LCP 1-6 Playground Games	<b>Indoor</b> - Dance LCP Toys <b>Outdoor</b> - Games LCP 7-	<b>Indoor</b> - Gym LCP 7-12 (developing skills from LCP onto KS1 wall bars) <b>Outdoor</b> – Bat & Ball Skills	<b>Indoor</b> - Dance LCP Weather & Seasons <b>Outdoor</b> - Football Gymnastics Games -	<b>Indoor</b> - Dance LCP Animals <b>Outdoor</b> - Athletics	<b>Outdoor</b> – Striking Games <b>Outdoor</b> - Playground Games & Parachute Athletics Games
Outdoor element			Net/Wall	Invasion	Athletics	Striking & Fielding Games

Year	Autumn 1 – Treasure Island	Autumn 2 – Fire! Fire!	Spring 1 – Let's Investigate!	Spring 2 - Food	Summer 1 - Superheroes	Summer 2 – Passport to the World
<b>2</b> <u>Statutory requirements</u> These MUST be covered.	<p>Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</p> <p>They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>♣ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>♣ participate in team games, developing simple tactics for attacking and defending</li> <li>♣ perform dances using simple movement patterns.</li> </ul>					
<u>Statutory requirements</u> These MUST be covered.	1 and 2	1,2 and 3	1 and 2	1 and 3	1 and 3	1 and 2
Notes	<b>Indoor</b> - Gym LCP 1-6 <b>Outdoor</b> - Games LCP 1-6	<b>Indoor</b> - Dance LCP At The Seaside <b>Outdoor</b> - Games 7-12	<b>Indoor</b> - Gym LCP 7-12 including KS1 wall bars <b>Outdoor</b> – Racquet Skills	<b>Indoor</b> - Boccia & Kurling <b>Outdoor</b> - Football	<b>Indoor</b> - Dance LCP Life Cycles <b>Outdoor</b> - Athletics	<b>Outdoor</b> - Rounders <b>Outdoor</b> - Playground Games & Parachute
Outdoor element			Net/Wall	Invasion	Athletics	Striking & Fielding Games

Year	Autumn 1 – Houses and Homes	Autumn 2 – Time Detectives	Spring 1 – People	Spring 2 - On the Move!	Summer 1 – Sounds Good to Me!	Summer 2 – Barks, Shoots and Leaves
<p><b>3</b></p> <p><u>Statutory requirements</u> <u>These MUST be covered.</u></p>	<p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>♣ use running, jumping, throwing and catching in isolation and in combination</li> <li>♣ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>♣ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>♣ perform dances using a range of movement patterns</li> <li>♣ take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>					
<p><u>Statutory requirements</u> <u>These MUST be covered.</u></p>	1,2,3,5,6	1,2,3,4,5,6	1,2,3,5,6	1,2,3,4,5,6	1,2,3,5,6	1,2,3,5,6
Notes	<p><b>Indoor</b> - Gym LCP 3</p> <p><b>Outdoor</b> - Rugby &amp; 2 weeks sportshall</p>	<p><b>Indoor</b> - Dance LCP 1</p> <p><b>Outdoor</b> - Mini 6 Basketball</p>	<p><b>Indoor</b> – GYM LCP 3 Incl. wall bars</p> <p><b>Outdoor</b> - Tennis</p>	<p><b>Indoor</b> - Dance LCP 2</p> <p><b>Outdoor</b> - Golf &amp; Croquet</p>	<p><b>Indoor</b> - Swimming</p> <p><b>Outdoor</b> - Athletics</p>	<p><b>Indoor</b> - Swimming</p> <p><b>Outdoor</b> – Cricket &amp; Parachute</p>
Outdoor element	Invasion Athletics	Invasion	Net/Wall	Striking & Fielding	Athletics	Striking & Fielding Games

Year	Autumn 1 – Where Does it Come From?	Autumn 2 – Let’s Get Wet!	Spring 1 – Ancient Egypt	Spring 2 - Our Active Planet	Summer 1 – We’ve Got the Power	Summer 2 – By the Sea
<b>4</b>	<p><b>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</b></p> <p><b>Pupils should be taught to:</b></p> <ul style="list-style-type: none"> <li>♣ use running, jumping, throwing and catching in isolation and in combination</li> <li>♣ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>♣ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>♣ perform dances using a range of movement patterns</li> <li>♣ take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><u>Swimming and water safety</u></p> <ul style="list-style-type: none"> <li>♣ swim competently, confidently and proficiently over a distance of at least 25 metres</li> <li>♣ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</li> <li>♣ perform safe self-rescue in different water-based situations.</li> </ul> </div>					
<u>Statutory requirements</u> <u>These MUST be covered.</u>	<b>PE 1, 2,3,5,6</b>	<b>PE 1, 2,3,5,6</b>	PE 1, 2,3,4,5,6 and Swimming and water safety 1,2,3	PE 1, 2,3,5,6 and Swimming and water safety 1,2,3	<b>PE 1, 2,3,4,5,6</b>	<b>PE 1, 2,3,5,6</b>
Notes	<b>Indoor</b> - Gym LCP 4  <b>Outdoor</b> – Sportshall Athletics	<b>Indoor</b> - Dance LCP 1  <b>Outdoor</b> - Rugby	<b>Indoor</b> - Swimming  <b>Outdoor</b> - Orienteering	<b>Indoor</b> - Swimming  <b>Outdoor</b> – Golf & Tennis	<b>Indoor</b> - Dance LCP 2  <b>Outdoor</b> - Athletics	<b>Outdoor</b> - Rounders  <b>Outdoor</b> - Stoolball
	Athletics	Invasion	OAA	Striking & Fielding Net/Wall	Athletics	Striking & Fielding

Year	Autumn 1 – Out of this World	Autumn 2 – Invaders and Settlers	Spring 1 – Is it Fair?	Spring 2 - The Victorians	Summer 1 - Communication	Summer 2 - Change
<p><b>5</b></p> <p><u>Statutory requirements</u> These MUST be covered.</p>	<p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>♣ use running, jumping, throwing and catching in isolation and in combination</li> <li>♣ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>♣ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>♣ perform dances using a range of movement patterns</li> <li>♣ take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>					
	<p><u>Swimming and water safety</u></p> <ul style="list-style-type: none"> <li>♣ swim competently, confidently and proficiently over a distance of at least 25 metres</li> <li>♣ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</li> <li>♣ perform safe self-rescue in different water-based situations.</li> </ul>					
<p><u>Statutory requirements</u> These MUST be covered.</p>	PE 1, 2,3,5,6 Swimming and water safety 1,2,3	PE 1, 2,3,5,6 Swimming and water safety 1,2,3	PE 1, 2,3,5,6	PE 1, 2,3,5,6	PE 1, 2,3,5,6	PE 1, 2,3,5,6
Notes	<b>Indoor</b> - Swimming  <b>Outdoor</b> - Rugby & 2 weeks sportshall	<b>Indoor</b> - Swimming  <b>Outdoor</b> - Netball	<b>Indoor</b> - Dance LCP 1  <b>Outdoor</b> - Tennis	<b>Indoor</b> - Gym LCP 5  <b>Outdoor</b> - Hockey & Golf	<b>Indoor</b> - Dance LCP 2  <b>Outdoor</b> - Athletics	<b>Outdoor</b> - Rounders  <b>Outdoor</b> - Lacrosse
	Invasion Athletics	Invasion	Net/Wall	Invasion Striking & Fielding	Athletics	Striking & Fielding

Year	Autumn 1 – The Greek Influence	Autumn 2 - Macbeth	Spring 1 – Evacuation (Friend or Foe?)	Spring 2 - SATs Revision/Buggies	Summer 1 - How to Train your Dragon	Summer 2 – Mini-Enterprise
<b>6</b> <u>Statutory requirements</u> These MUST be covered	<p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>♣ use running, jumping, throwing and catching in isolation and in combination</li> <li>♣ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>♣ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>♣ perform dances using a range of movement patterns</li> <li>♣ take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>					
<u>Statutory requirements</u> These MUST be covered.	PE 1,2,3,4,5,6	PE 1,2,3,5,6	PE 1,2,3,5,6	PE 1,2,3,5,6	PE 1,2,3,4,5,6	PE 1,2,3,4,5,6
Notes	<b>Indoor</b> - Dance  <b>Outdoor</b> - Rugby & 2 weeks sports hall athletics	<b>Indoor</b> – Dance  <b>Outdoor</b> - Handball	<b>Indoor</b> – Gym LCP 6, Floorwork, Counter Balancing & wall bars <b>Outdoor</b> - Orienteering	<b>Indoor</b> - Fitness using circuit routines  <b>Outdoor</b> - Golf	<b>Indoor</b> - Dance LCP 1 & Production  <b>Outdoor</b> - Athletics	<b>Indoor</b> - Dance LCP & Production  <b>Outdoor</b> - Ultimate Frisbee Rounders
	Invasion Athletics	Invasion	OAA	Striking & Fielding	Athletics	Invasion Striking & Fielding

Swimming and water safety

- ♣ swim competently, confidently and proficiently over a distance of at least 25 metres
- ♣ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- ♣ perform safe self-rescue in different water-based situations.