

Week 1 17th January 2022, 7th February 2022

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|---|---|---|--|-------------------------------------|
| MAIN OPTION | Organic Meatballs in Homemade Tomato Sauce | Mild Chicken Curry | Vegetable Bolognese | Chicken Fillet with Gravy | Fish Fingers or Salmon Fish |
| | Vegetable bites in tomato sauce | Frittata Muffin | Jacket Potato with Tuna | Roast Quorn Fillet with gravy | Margarita Pizza |
| CARBS | Fluffy Rice | Fluffy Rice | Pasta | Creamy Mashed Potatoes | Chips |
| VEGETABLES | Peas | Sweetcorn | Mixed Salad | Carrots | Beans |
| DESSERTS | Cherry Shortbread Fresh Fruit Yoghurt | Cheese & Biscuits Fresh Fruit Yoghurt | Orange Jelly with Mandarins Fresh Fruit Yoghurt | Apple Sponge Fresh Fruit Yoghurt | Ice Cream Fresh Fruit Yoghurt |

Week 2 24th January 2022

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|---|---|--|--|---|
| MAIN OPTION | Organic Beef Chilli | Toad in the Hole | Roasted Vegetable Pasta Bake | Organic Beef Bolognese | Fish Fingers or Salmon Fingers |
| | Vegetable Pasty | Quorn Sausage | Jacket Potato with Tuna | Jacket Beans & Coleslaw | Margarita Pizza |
| CARBS | Fluffy Rice | Parsley Potatoes | Garlic Bread | Pasta | Chips |
| VEGETABLES | Sweetcorn | Green Beans | Carrot | Peas & Sweetcorn | Baked Beans |
| DESSERTS | Strawberry Mousse Fresh Fruit Yoghurt | Banana Muffin Fresh Fruit Yoghurt | Oatie fruit crunch Biscuit Fresh Fruit Yoghurt | Dutch Apple Cake Fresh Fruit Yoghurt | Vanilla Ice Cream Fresh Fruit Yoghurt |

Week 3 31st January 2022

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|---------------------------------------|---|---------------------------------------|---|---|
| MAIN OPTION | Minced Beef Casserole with Dumplings | Sausages in Onion Gravy | Roast Chicken with Stuffing & Gravy | Macaroni Cheese | Battered Fish |
| | Vegetable Casserole | Quorn Sausage | Roast Quorn fillet | Jacket Potato with Tuna Mayonnaise. | Margarita Pizza |
| CARBS | Minted Potatoes | Creamy Mashed Potatoes | Roast Potatoes | Garlic Bread | Chips |
| VEGETABLES | Sweetcorn | Peas | Green Beans | Carrot | Baked Beans |
| DESSERTS | Banana Cake Fresh Fruit Yoghurt | Butterscotch Mousse Fresh Fruit Yoghurt | Oaty Cookie Fresh Fruit Yoghurt | Orange Jelly with Mandarins Fresh Fruit Yoghurt | Vanilla Ice Cream Fresh Fruit Yoghurt |