

How to be an Anglo-Saxon Warrior

Have you ever dreamt of being an Anglo-Saxon warrior? Do you long to represent your king and country? If so, read on to find out how you could become a courageous, fearless hero.

What you will need:

- A sturdy helmet with a face mask and a neck guard (vital as a means of protection from swiping swords)
- A round, wooden shield
- A mailcoat (this is made from chainmail and is therefore very heavy)
- A pointed weapon of your choice, such as a reliable sword or spear
- A heavy axe (crafted from local wood and forged iron)

What you do

First, put on your mailcoat, but be aware that this will be very heavy and may affect your ability to fight effectively. When you have done this, you must put on your helmet and fasten it securely. Set off for battle with an air of confidence, but before you do this, ensure that your weapon of choice is ready to hand. You could choose to brandish a sword or you may prefer to hold a spear. Whichever you choose, you should also ensure that your axe is firmly positioned in your belt.

On the approach to the battlefield, you should bear in mind that your main aim will be to conquer your foe. In order to do this, you must listen carefully to your leader's orders. When you charge towards the enemy, you could shout loudly to scare them. However, if you plan to take your opponent by surprise, you may prefer to approach quietly in order to gain an advantage.

During battle, keep your shield in front of your torso to protect your body's vital organs. Additionally, keep your weapon poised, ready to attack or defend as necessary. Sometimes, you might need to hold it up high so that you can throw it further, but at other times it may be preferable to position it down low to enable you to jab from a different angle.