

**Bramingham Primary School**

*Where good ideas are nourished!*

# SCHOOL LUNCH MENU

w/c – 29/10/18, 19/11/18, 10/12/18, 14/01/19, 04/02/19, 11/03/19, 01/04/18

Did you know that we are using 23% less sugar than last year?

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	Pork Sausage & Mash With Onion Gravy	Beef Spaghetti Bolognese	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Chicken Korma with Rice & Naan	Cod Fish Finger with Chips & Ketchup
<b>Choice 2</b>	Veggie Sausage & Mash with Onion Gravy	Veggie Spaghetti Bolognese	Quorn Fillet Roast Potatoes & Gravy	Quorn Korma with Rice & Naan	3 Cheese Pizza with Chips & Ketchup
<b>Choice 3</b>	Jacket Potato With Tuna Crunch	Quorn Burger in a Bun with Wedges	Spicy Bean Burrito	Tuna & Sweetcorn Wrap	Jacket Potato With Baked Beans
<b>Choice 4</b> (Halal)	Chicken Sausage & Mash with Onion Gravy	Beef Spaghetti Bolognese	Roast Chicken Stuffing with Roast Potatoes & Gravy	Chicken Korma with Rice & Naan	Cod Fish Fingers with Chips & Ketchup
<b>Seasonal Vegetables</b>	Carrot Batons Garden Peas	Roasted Courgettes Sweetcorn	Savoy Cabbage Broccoli	Green Beans Carrot Batons	Baked Beans Garden Peas
<b>Dessert</b>	Chocolate & Banana Muffin	Lemon Love Cake & Custard	Apricot Flapjack	Pineapple Upside Down Cake & Custard	Fruit Smoothie
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

For details on Cultural and Special Dietary Diets, Allergen Information,  
School Meal Prices & more, please visit our website: [www.luton.gov.uk/schoolcatering](http://www.luton.gov.uk/schoolcatering)



**FOOD WITH THOUGHT**

A Luton Traded Service



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w/c 05/11/18, 26/11/18, 17/12/18, 21/01/19, 11/02/19, 11/03/19, 01/04/19

# SCHOOL LUNCH MENU

Did you know that we are using 23% less sugar than last year?

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	Turkey Meat Balls with Pasta & Tomato Sauce	Traditional Chicken Pie with Potatoes	Roast Beef Yorkshire with Roast Potatoes & Gravy	Beefy Cottage Pie	Cheese & Fish Bites
<b>Choice 2</b>	BBQ Chilli Beans with Rice	Traditional Quorn Pie with Potatoes	Quorn Fillet with Roast Potatoes & Gravy	Classic Macaroni Cheese	3 Cheese Pizza with Chips & Ketchup
<b>Choice 3</b>	Falafel Wrap	Tuna & Sweetcorn Wrap	Cheese & Bean Quesadilla	Jacket Potato with Cheese & Sweetcorn	Tandoori Chicken in a bun with Chips & ketchup
<b>Choice 4</b> (Halal)	Chicken Meat Balls with Pasta & Tomato Sauce	Traditional Chicken Pie with Potatoes	Roast Beef Yorkshire with Roast Potatoes & Gravy	Beefy Cottage Pie	Cheese & Fish Bites With chips & Ketchup
<b>Seasonal Vegetables</b>	Carrot Batons Green Beans	Roasted Courgettes Sweetcorn	Cauliflower Broccoli	Carrot Batons Garden Peas	Baked Beans Mini Corn on the Cob
<b>Dessert</b>	Chocolate brownie	Chocolate & Mandarin Sponge & Custard	Raspberry & Lemon Muffin	Cornflake Tart & Custard	Decorated Cup Cakes

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

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# SCHOOL LUNCH MENU

w/c 12/11/18. 03/12/18. 07/01/19. 28/01/19. 25/02/19. 18/03/19

Did you know that we are using 23% less sugar than last year?

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	BBQ Chicken with Rice	Chicken Jambalaya	Roast Chicken Stuffing Roast Potatoes & Gravy	Chicken stir fry	Crispy Coated Fish with Chips & Ketchup
<b>Choice 2</b>	Tasty Bean Curry with Rice	Quorn Jambalaya	Cheese & Tomato Flan with Roast Potatoes	Quorn stir fry	3 Cheese Pizza with Chips & Ketchup
<b>Choice 3</b>	Tuna Melt	Chicken Tikka Wrap	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese & Sweetcorn	Veggie Hot Dog
<b>Choice 4</b> (Halal)	BBQ Chicken with Rice	Chicken Jambalaya	Roast Chicken Stuffing Roast Potatoes & Gravy	Chicken stir fry	Crispy Coated Fish with Chips & Ketchup
<b>Seasonal Vegetables</b>	Carrot Batons Garden Peas	Savoy Cabbage Broccoli	Cauliflower Curly Kale	Sweetcorn Carrot Batons	Baked Beans Garden Peas
<b>Dessert</b>	Wow Butter Cookie	Bakewell Tart & Custard	Oatmeal & Ginger Cookies	Apple Streusel Cake with Custard	Black Forest Cup Cakes
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

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