

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EY</b>	<b>Protective Behaviours:</b>  1. How are we in school? 2. Feeling Scared  <b>SEAL: New Beginnings</b>  1. Belonging 2. Understanding rights and responsibilities 3. Self-awareness 4. Understanding my feelings 5. Managing my feelings 6. Understanding the feelings of others 7. Social Skills	<b>SEAL: Getting on and Falling Out</b>  1. Cooperation 2. Friendship 3. Understanding feelings 4. Cooperation and resolving conflict 5. Conflict resolution 6. Cooperation 7. Resolving conflicts 8. Managing feelings 9. Friendship  <b>SEAL: Say No to Bullying</b>  1. Personal, social and emotional Development 2. Communication, language and literacy 3. Mathematical development 4. Knowledge and understanding of the world 5. Physical development 6. Creative development	<b>SEAL: Going for Goals</b>  1. Understanding myself 2. Setting a realistic goal  <b>Drug Education</b>	<b>SEAL: Good to be Me</b>  1. My feelings (excited) 2. Calming down 3. Feeling good about myself 4. Understanding my feelings – happy and proud 5. Standing up for myself  <b>First Aid</b>  Children to be taught age appropriate first aid.	<b>SEAL: Relationships</b>  1. Missing someone we love 2. Loss – living things 3. Understanding my feelings – happy, sad or angry 4. Understanding my feelings – fair and unfair	<b>SEAL: Changes</b>  1. How we change over time 2. Making change happen 3. Dealing with change and making change happen

<b>1</b>	<p><b>Protective Behaviours:</b></p> <ol style="list-style-type: none"> <li>1. How are we in school?</li> <li>2. Feeling Safe</li> <li>3. Feeling Scared</li> <li>4. Network of Support.</li> </ol> <p><b>SEAL: New Beginnings</b></p> <ol style="list-style-type: none"> <li>1. Creating a community</li> <li>2. What if there is a problem?</li> <li>3. Focus on feelings</li> <li>4. Calming down</li> <li>5. Self-awareness</li> <li>6. New beginnings</li> </ol>	<p><b>SEAL: Getting on and Falling Out</b></p> <ol style="list-style-type: none"> <li>1. Friendship and working together</li> <li>2. Listening well</li> <li>3. Friendship, getting angry and falling out</li> <li>4. Friendship and making up</li> </ol> <p><b>SEAL: Say No to Bullying</b></p> <ol style="list-style-type: none"> <li>1. What is bullying?</li> </ol>	<p><b>SEAL: Going for Goals</b></p> <ol style="list-style-type: none"> <li>1. Knowing myself</li> <li>2. Setting our goals</li> <li>3. Just because...</li> <li>4. Problem solving process</li> </ol> <p><b>Drug Education</b></p>	<p><b>SEAL: Good to be Me</b></p> <ol style="list-style-type: none"> <li>1. Our gifts and talents</li> <li>2. Proud</li> <li>3. Anxiety and worrying</li> </ol> <p><b>First Aid</b></p> <p>Children to be taught age appropriate first aid.</p>	<p><b>SEAL: Relationships</b></p> <ol style="list-style-type: none"> <li>1. People who are important to us</li> <li>2. Understanding my feelings – proud and jealous</li> <li>3. Dealing with our hurt feelings without hurting others</li> </ol> <p><b>SRE</b></p> <ol style="list-style-type: none"> <li>1. Keeping Clean</li> <li>2. Growing and Changing</li> <li>3. Families and Care</li> </ol>	<p><b>SEAL: Changes</b></p> <ol style="list-style-type: none"> <li>1. How we change over time</li> <li>2. Making change happen</li> </ol> <p><b>Money Skills</b></p> <ol style="list-style-type: none"> <li>1. The value of money</li> </ol>
<b>2</b>	<p><b>Protective Behaviours:</b></p> <ol style="list-style-type: none"> <li>1. How are we in school?</li> <li>2. Feeling Safe</li> <li>3. Feeling Scared</li> <li>4. Network of Support.</li> </ol> <p><b>SEAL: New Beginnings</b></p> <ol style="list-style-type: none"> <li>1. Building community</li> <li>2. Exploring feelings</li> <li>3. Calming down</li> <li>4. Welcoming others</li> <li>5. What if there is a problem?</li> <li>6. The flag challenge</li> <li>7. New beginnings</li> </ol>	<p><b>SEAL: Getting on and Falling Out</b></p> <ol style="list-style-type: none"> <li>1. Friendship and compliments</li> <li>2. Seeing another point of view</li> <li>3. Managing anger</li> <li>4. Working together</li> </ol> <p><b>SEAL: Say No to Bullying</b></p> <ol style="list-style-type: none"> <li>1. What is bullying?</li> </ol>	<p><b>SEAL: Going for Goals</b></p> <ol style="list-style-type: none"> <li>1. Knowing how I learn best</li> <li>2. You can't eat an elephant in one bite...</li> <li>3. Persistence</li> <li>4. Putting it all together</li> </ol> <p><b>Drug Education</b></p>	<p><b>SEAL: Good to be Me</b></p> <ol style="list-style-type: none"> <li>1. Feeling good about myself</li> <li>2. Relaxed</li> <li>3. Relaxing</li> <li>4. Assertiveness</li> <li>5. Daphne dinosaur and Olive owl</li> </ol> <p><b>First Aid</b></p> <p>Children to be taught age appropriate first aid.</p>	<p><b>SEAL: Relationships</b></p> <ol style="list-style-type: none"> <li>1. Understanding my feelings – loved and cared for</li> <li>2. Leaving home</li> <li>3. Important people and things</li> <li>4. Feeling lonely and feeling included</li> </ol> <p><b>SRE</b></p> <ol style="list-style-type: none"> <li>1. Differences: Boys and Girls</li> <li>2. Differences: Male and Female</li> <li>3. Naming the Body Parts</li> </ol>	<p><b>SEAL: Changes</b></p> <ol style="list-style-type: none"> <li>1. Changing our behaviour</li> </ol> <p><b>Money Skills</b></p> <ol style="list-style-type: none"> <li>1. Where does money come from?</li> </ol>

3	<p><b>Protective Behaviours:</b></p> <ol style="list-style-type: none"> <li>1. Rights and responsibilities in school.</li> <li>2. Feeling Safe</li> <li>3. Feeling Scared</li> <li>4. Network of Support</li> </ol> <p><b>SEAL: New Beginnings</b></p> <ol style="list-style-type: none"> <li>1. Getting to know each other</li> <li>2. Gifts and talents</li> <li>3. The class charter</li> <li>4. Exploring feelings</li> <li>5. Calming down</li> <li>6. Problem solving process</li> <li>7. Welcoming people</li> <li>8. New beginnings</li> </ol>	<p><b>SEAL: Getting on and Falling Out</b></p> <ol style="list-style-type: none"> <li>1. Revisiting the skills of friendship</li> <li>2. Revisiting anger</li> <li>3. Making up</li> </ol> <p><b>SEAL: Say No to Bullying</b></p> <ol style="list-style-type: none"> <li>1. What is bullying?</li> </ol>	<p><b>SEAL: Going for Goals</b></p> <ol style="list-style-type: none"> <li>1. Knowing how we are clever</li> <li>2. Scaling</li> <li>3. Foil frustrations – beat boredom</li> <li>4. Taking Responsibility</li> <li>5. Going for a goal</li> <li>6. Weighing up the consequences</li> </ol> <p><b>Drug Education</b></p>	<p><b>SEAL: Good to be Me</b></p> <ol style="list-style-type: none"> <li>1. Feeling good about myself</li> <li>2. Surprised</li> <li>3. Being assertive</li> <li>4. Worried and anxious</li> <li>5. Relaxation and visualisation</li> </ol> <p><b>First Aid</b></p> <p>Children to be taught age appropriate first aid.</p>	<p><b>SEAL: Relationships</b></p> <ol style="list-style-type: none"> <li>1. Special people</li> <li>2. Guilty</li> <li>3. Making amends</li> <li>4. Taking responsibility</li> <li>5. Making wise choices</li> <li>6. Sticks and stones</li> </ol> <p><b>SRE</b></p> <ol style="list-style-type: none"> <li>1. Differences: Male and Female</li> <li>2. Personal Space</li> <li>3. Family Differences</li> </ol>	<p><b>SEAL: Changes</b></p> <ol style="list-style-type: none"> <li>1. Positive changes</li> <li>2. Change is normal</li> <li>3. Making a plan to bring about change</li> </ol> <p><b>Money Skills</b></p> <ol style="list-style-type: none"> <li>1. Keeping Money Safe</li> </ol>
4	<p><b>Protective Behaviours:</b></p> <ol style="list-style-type: none"> <li>1. Rights and responsibilities in school.</li> <li>2. Feeling Safe</li> <li>3. Feeling Scared</li> <li>4. Network of Support</li> </ol> <p><b>SEAL: New Beginnings</b></p> <ol style="list-style-type: none"> <li>1. Creating a community</li> <li>2. Problem solving process</li> <li>3. Our class charter</li> <li>4. Welcoming people</li> <li>5. Joining a new group</li> <li>6. Calming down</li> <li>7. New beginnings</li> </ol>	<p><b>SEAL: Getting on and Falling Out</b></p> <ol style="list-style-type: none"> <li>1. Key qualities in a friend</li> <li>2. Understanding anger</li> <li>3. Working together</li> </ol> <p><b>SEAL: Say No to Bullying</b></p> <ol style="list-style-type: none"> <li>1. What is bullying?</li> </ol>	<p><b>SEAL: Going for Goals</b></p> <ol style="list-style-type: none"> <li>1. Knowing myself</li> <li>2. Feelings and learning</li> <li>3. Barriers to reaching learning goals</li> <li>4. Evaluation and review</li> <li>5. Perseverance</li> <li>6. Planning to meet a goal</li> </ol> <p><b>Drug Education</b></p>	<p><b>SEAL: Good to be Me</b></p> <ol style="list-style-type: none"> <li>1. Feeling good about myself</li> <li>2. Hopeful and disappointed</li> <li>3. Hiding feelings</li> <li>4. Being assertive</li> <li>5. Fight or flight</li> </ol> <p><b>First Aid</b></p> <p>Children to be taught age appropriate first aid.</p>	<p><b>SEAL: Relationships</b></p> <ol style="list-style-type: none"> <li>1. Special People</li> <li>2. Loss</li> <li>3. Let's not forget</li> </ol> <p><b>SRE</b></p> <ol style="list-style-type: none"> <li>1. Growing and Changing</li> <li>2. What is puberty?</li> <li>3. Puberty Changes and Reproduction</li> </ol>	<p><b>SEAL: Changes</b></p> <ol style="list-style-type: none"> <li>1. Imposed or unwelcome change</li> <li>2. Our responses to change</li> </ol> <p><b>Money Skills</b></p> <ol style="list-style-type: none"> <li>1. Money Choices</li> </ol>

5	<p><b>Protective Behaviours:</b></p> <ol style="list-style-type: none"> <li>1. Rights and responsibilities in school.</li> <li>2. Feeling Safe</li> <li>3. Feeling Scared</li> <li>4. Network of Support</li> </ol> <p><b>SEAL: New Beginnings</b></p> <ol style="list-style-type: none"> <li>1. Creating a community</li> <li>2. Our class charter</li> <li>3. Exploring feelings</li> <li>4. Welcoming and belonging</li> <li>5. New beginnings</li> </ol>	<p><b>SEAL: Getting on and Falling Out</b></p> <ol style="list-style-type: none"> <li>1. Levels of friendship</li> <li>2. Managing conflict</li> <li>3. Making up</li> <li>4. Revisiting anger</li> <li>5. Taking responsibility</li> <li>6. Working together in groups</li> </ol> <p><b>SEAL: Say No to Bullying</b></p> <ol style="list-style-type: none"> <li>1. What is bullying?</li> </ol>	<p><b>SEAL: Going for Goals</b></p> <ol style="list-style-type: none"> <li>1. Effective learners</li> <li>2. Role Models</li> <li>3. Planning to reach a goal</li> <li>4. Hall of fame</li> <li>5. Applying what we have learned</li> </ol> <p><b>Drug Education</b></p>	<p><b>SEAL: Good to be Me</b></p> <ol style="list-style-type: none"> <li>1. Feeling good about myself</li> <li>2. Proud and boastful</li> <li>3. Mixed feelings</li> <li>4. Making choices</li> <li>5. Agreeing and disagreeing</li> <li>6. Understanding my feelings</li> </ol> <p><b>First Aid</b></p> <p>Children to be taught age appropriate first aid.</p>	<p><b>SEAL: Relationships</b></p> <ol style="list-style-type: none"> <li>1. People around us</li> <li>2. Embarrassed</li> <li>3. Pick me up, don't put me down</li> <li>4. Don't judge a book by its cover</li> </ol> <p><b>SRE</b></p> <ol style="list-style-type: none"> <li>1. Talking about Puberty</li> <li>2. Male and Female Changes</li> <li>3. Puberty and Hygiene</li> </ol>	<p><b>SEAL: Changes</b></p> <ol style="list-style-type: none"> <li>1. Common responses to change</li> <li>2. Understanding individual differences in our responses to change</li> </ol> <p><b>Money Skills</b></p> <ol style="list-style-type: none"> <li>1. Where our money goes</li> <li>2. Do you really need it?</li> </ol>
6	<p><b>Protective Behaviours:</b></p> <ol style="list-style-type: none"> <li>1. Rights and responsibilities in school.</li> <li>2. Feeling Safe</li> <li>3. Feeling Scared</li> <li>4. Network of Support</li> </ol> <p><b>SEAL: New Beginnings</b></p> <ol style="list-style-type: none"> <li>1. Building a community</li> <li>2. The class charter</li> <li>3. Focus on feelings</li> <li>4. Focus on managing feelings</li> <li>5. New beginnings</li> </ol>	<p><b>SEAL: Getting on and Falling Out</b></p> <ol style="list-style-type: none"> <li>1. Working in groups</li> <li>2. Difference – a barrier to friendship?</li> <li>3. Conflict resolution</li> <li>4. Conflict resolution</li> <li>5. Revisiting anger</li> </ol> <p><b>SEAL: Say No to Bullying</b></p> <ol style="list-style-type: none"> <li>1. What is bullying?</li> </ol>	<p><b>SEAL: Going for Goals</b></p> <ol style="list-style-type: none"> <li>1. Ladder to success</li> <li>2. I would but...</li> <li>3. Excuses, excuses</li> <li>4. Making wise choices</li> </ol> <p><b>Drug Education</b></p>	<p><b>SEAL: Good to be Me</b></p> <ol style="list-style-type: none"> <li>1. Feeling good about myself</li> <li>2. Anxious and worried</li> <li>3. Standing up for what I think</li> <li>4. Assertiveness</li> <li>5. Understanding my feelings</li> </ol> <p><b>First Aid</b></p> <p>Children to be taught age appropriate first aid.</p>	<p><b>SEAL: Relationships</b></p> <ol style="list-style-type: none"> <li>1. Our special people</li> <li>2. Loss</li> <li>3. Losses</li> <li>4. Helping Others</li> <li>5. Breaking friends</li> <li>6. Forgiveness</li> </ol> <p><b>SRE</b></p> <ol style="list-style-type: none"> <li>1. Puberty and Reproduction</li> <li>2. Understanding Relationships</li> <li>3. Conception and Pregnancy</li> <li>4. Communicating in Relationships</li> </ol>	<p><b>SEAL: Changes</b></p> <ol style="list-style-type: none"> <li>1. Understanding feelings about change</li> <li>2. Understanding how thoughts, feelings and behaviour are linked</li> <li>3. Saying goodbye and moving on</li> </ol> <p><b>Money Skills</b></p> <ol style="list-style-type: none"> <li>1. Taste test</li> <li>2. Let's get saving</li> </ol>