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| **Reception**Image result for bramingham primary | **Autumn 1****Rhyme time** | **Autumn 2****Celebrations** | **Spring 1****Journeys** | **Spring 2****Up in the air** | **Summer 1****Minibeasts** | **Summer 2****Farming** |
| Indoor:Spatial awareness and Basic Motor skills | Indoor:Gym in the jungle | Indoor:Dance: Dinosaurs | Indoor:Jumping Jacks & Rock n roll | Outdoor:Games: Best of Balls | Outdoor:Olympics |
| Nursery Rhyme Parachute Games | Playground games | Co-ordination & control and Aiming/ Predicting/ Estimating | Co-ordination & control and Aiming/ Predicting/ Estimating | Bouncing/ Throwing/ Striking | Parachute Play |
| ***Physical development*** *Early Learning Goals: Gross Motor Skills** *Negotiate space and obstacles safely, with consideration for themselves and others.*
* *Demonstrate strength, balance and coordination when playing.*
* *Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.*

*Children in Reception: EAD** *Watch and talk about dance and performance art, expressing their feelings and responses.*
* *Explore and engage in music making and dance, performing solo or in groups.*
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| **Year 1**Image result for bramingham primary | **Autumn 1****Ourselves** | **Autumn 2****Toys** | **Spring 1****People who help us** | **Spring 2****Where do I live?** | **Summer 1****Animals** | **Summer 2****Opposites** |
| Indoor:Dance seasonsOutdoor:Tri golf | Indoor:Dance ToysOutdoor:Circuit Training | Indoor:Gym Traditional TalesOutdoor:Attacking and defending | Indoor:Gym AnimalsOutdoor: Invasion Games | Indoor:Animals DanceOutdoor:Athletics: running & jumping | Outdoor:Bat & ball skillsOutdoor:Athletics: throwing & catching |
| ***National Curriculum:****Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.* *Pupils should be taught to:* * *master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities*
* *participate in team games, developing simple tactics for attacking and defending*
* *perform dances using simple movement patterns.*
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| **Year 2**Image result for bramingham primary | **Autumn 1****Treasure Island** | **Autumn 2****Fire! Fire!** | **Spring 1****Islands** | **Spring 2** **Everythings changing** | **Summer 1** **Superheros** | **Summer 2** **Passport to the world** |
| Indoor:Yoga Salute to the sun | Indoor:Dance Gunpowder Plot | Indoor: Gym Under the Sea | Indoor:Dance: Plants | Indoor:Gym Landscapes & cityscapes | Outdoor:Golf/Boccia |
| Outdoor: Animal Olympics | Outdoor: Playground Games including skipping | Outdoor:Circuit Training | Outdoor:Invasion Games | Outdoor:Athletics: throwing & catching | Outdoor;Multiskills Bat and Ball |
| ***National Curriculum:****Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.* *They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:* * *master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities*
* *participate in team games, developing simple tactics for attacking and defending*
* *perform dances using simple movement patterns.*
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| **Year 3**Image result for bramingham primary | **Autumn 1****Houses and Homes** | **Autumn 2****Time Detectives** | **Spring 1****Mighty Metal** | **Spring 2****On the Move** | **Summer 1****Carribean** | **Summer 2****Wonder of Nature** |
| Outdoor:LKS2 Social Bubble multiskills | Indoor:Dance Extreme Earth | Indoor:GYM Shape | Indoor:GYM Movement | Indoor:Dance Carribean | Outdoor:Striking & Fielding: Fundamentals |
| Outdoor:Circuit Training | Outdoor: Invasion Games | Outdoor:OAA | Outdoor: Basketball: Invasion Game | Outdoor:Athletics | Outdoor: Net/Wall Fundamentals |
| ***National curriculum:****Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.* *Pupils should be taught to:* * *use running, jumping, throwing and catching in isolation and in combination*
* *play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending*
* *develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]*
* *perform dances using a range of movement patterns*
* *take part in outdoor and adventurous activity challenges both individually and within a team*
* *compare their performances with previous ones and demonstrate improvement to achieve their personal best.*
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| **Year 4** Image result for bramingham primary  | **Autumn 1****Where Does it Come From?** | **Year Autumn 2****Ancient Egypt** | **Spring 1****Lets get wet/ Water** | **Spring 2****We’ve got the power** | **Summer 1****Our active planet** | **Summer 2****By the Sea** |
| Outdoor:OAA | Indoor:Gym – Ancient Egypt Shape & Balance  | Indoor:Dance: Water | Indoor:Gym: Movement | Indoor: Dance: Carnival of the animals | Outdoor: Athletics |
| Outdoor:Hedgehogs-Tag RugbyBadgers-Swimming | Outdoor:Badgers-Tag RugbyHedgehogs-Swimming | Outdoor:Hedgehogs-Invasion Game: HockeyBadgers- Swimming | Outdoor:Badgers- Invasion Game: HockeyHedgehogs- Swimming | Outdoor:Hedgehogs- Striking & fielding CricketBadgers- swimming | Outdoor:Badgers- Striking & fielding: CricketHedgehogs- swimming |
| ***National curriculum:*** *Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.* *Pupils should be taught to:* * *use running, jumping, throwing and catching in isolation and in combination*
* *play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending*
* *develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]*
* *perform dances using a range of movement patterns*
* *take part in outdoor and adventurous activity challenges both individually and within a team*
* *compare their performances with previous ones and demonstrate improvement to achieve their personal best.*
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| ***Swimming and water safety*** *(Half Termly):**In particular, pupils should be taught to:** *swim competently, confidently and proficiently over a distance of at least 25 metres*
* *use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]*
* *perform safe self-rescue in different water-based situations*
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| **Year 5**Image result for bramingham primary | **Autumn 1****Out of this world** | **Year Autumn 2****Victorians** | **Spring 1****Anglo saxons** | **Spring 2****Communication** | **Summer 1****Is it fair** | **Summer 2****Changes** |
| Outdoor: Circuit Training | Indoor:Dance: Victorians | Indoor:Gym: Movement | Indoor:Dance: Haka | Indoor:Gym: Sequences | Outdoor: Striking & Fielding: Rounders |
| Outdoor:Invasion Game: Lacrosse | Outdoor:Invasion Games: attacking & defending | Outdoor:OAA | Outdoor: Basketball | Outdoor: Athletics | Outdoor:Tennis |
| ***National curriculum****Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.* *Pupils should be taught to:* * *use running, jumping, throwing and catching in isolation and in combination*
* *play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending*
* *develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]*
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| **Year 6**Image result for bramingham primary | **Autumn 1****The Greek Influence** | **Year Autumn 2****Shakespearean England** | **Spring 1****World War 2** | **Spring 2****Vikings** | **Summer 1** | **Summer 2** |
| Indoor: Circuit Training | Indoor: [Gymnastics: Shape and Balance: Rivers and Mountains](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/gymnastics-shape-and-balance-rivers-and-mountains-indoor-year-6-twinkl-move) | Indoor:Dance: WW2 | Indoor:Gym: Movement | Indoor:Street Dance | Indoor:Strike & field: Cricket |
| Outdoor:Invasion Game: Rugby | Outdoor:OAA | Outdoor:Netball | Outdoor:Handball | Outdoor:Athletics | Outdoor:Tennis |
| ***National curriculum****Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.* *Pupils should be taught to:* * *use running, jumping, throwing and catching in isolation and in combination*
* *play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending*
* *develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]*
* *perform dances using a range of movement patterns*
* *take part in outdoor and adventurous activity challenges both individually and within a team*
* *compare their performances with previous ones and demonstrate improvement to achieve their personal best.*
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