

Bramingham Primary School Kitchen

*Where good ideas are nourished!*

# SCHOOL LUNCH MENU

w/c – 23.04.19/ 13.05.19/ 10.06.19/ 01.07.19/ 22.07.19/ 16.09.19/ 07.10.19

Did you know that we are using 23% less sugar than last year?

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	Pork Sausage & Mash with onion gravy	Chicken pie with Potatoes	Roast Beef with Stuffing & Roast Potatoes	Cajun Chicken & Rice	Traditional Fish & Chips with Tomato Ketchup
<b>Choice 2</b>	Veggie Sausage & mash with gravy	Quorn pie with Potatoes	Quorn Fillet with stuffing & Roast Potatoes	Quorn Sweet Chilli & Rice	3 Cheese Pizza with Chips & Ketchup
<b>Choice 3</b>	Bean bake	Jacket Potato with Cheese	Falafel Wrap	Tuna & Potato Salad	Tandoori Chicken in a Bun with Chips
<b>Choice 4</b> (Halal)	Chicken Sausage & mash with gravy	CHICKEN PIE with Potatoes	Roast Beef with Stuffing & Roast Potatoes	Cajun Chicken & Rice	Traditional Fish & Chips with Ketchup
<b>Seasonal Vegetables</b>	Carrot Batons & Green Beans	Broccoli & Garden Peas	Sweetcorn & Cauliflower	Carrots & Peas	Sweetcorn & Baked Beans
<b>Dessert</b>	Butterscotch Mousse	Fruit Cheesecake	Toffee Waffle & Ice Cream	Chocolate & Rice Pudding Muffin	Cheese & Biscuit with Fruit
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

For details on Cultural and Special Dietary Diets, Allergen Information,  
School Meal Prices & more, please visit our website: [www.luton.gov.uk/schoolcatering](http://www.luton.gov.uk/schoolcatering)



**FOOD FOR THOUGHT**

A Luton Trusted Service





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# SCHOOL LUNCH MENU

w/c - 29.04.19/ 20.05.19/ 17.06.19/ 08.07.19/ 02.09.19/ 23.09.19/ 14.10.19

Did you know that we are using 23% less sugar than last year?

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	Fish Fingers & mash Potato	Chicken Rogan Josh with Rice	Toad in the Hole with Roast Potatoes and Gravy	Beef Lasagne	Crisp Coated Fish with Chips & Ketchup
<b>Choice 2</b>	Falafel in Tomato Sauce	Quorn Rogan Josh with Rice	Veggie Toad in the Hole with Roast Potatoes and Gravy	Vegetable Lasagne	3 Cheese Pizza with Chips & Ketchup
<b>Choice 3</b>	Cheese & Coleslaw Roll	Quorn Southern Style Grill	Jacket Potato with Tuna	Chicken Peri-Peri Wrap	Veggie Hot Dog with Chips & Ketchup
<b>Choice 4</b> (Halal)	Fish Fingers & Mash Potato	Chicken Rogan Josh with rice	Toad in the Hole with Roast Potatoes and Gravy	Beef Lasagne	Crispy Coated Fish with Chips & Ketchup
<b>Seasonal Vegetables</b>	Carrot Slices & Sweetcorn	Peas & Cauliflower	Savoy Cabbage & Sweetcorn	Carrot & Green Beans	Baked Beans & Peas
<b>Dessert</b>	Pineapple Muffin	Cherry Shortbread with Fruit Salad	Strawberry Mousse	Apricot Flapjack	Fruit Smoothies
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

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# SCHOOL LUNCH MENU

w/c – 07.05.19/ 03.06.19/ 24.06.19/ 15.07.19/ 09.09.19/ 30.09.19

Did you know that we are using 23% less sugar than last year?

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	Turkey Meatballs & Pasta	Beef Chilli Con Carne & Rice	Roast Chicken Roast Potatoes Stuffing & Gravy	Spaghetti Beef Bolognaise	Salmon Fingers with Chips & Ketchup
<b>Choice 2</b>	Veggie Meatballs & Pasta	Veggie Chilli Con Carne & Rice	Quorn Fillet Roast Potatoes & Gravy	Veggie Bolognaise	3 Cheese Pizza with Chips & Ketchup
<b>Choice 3</b>	Cheese & Sweetcorn Baguette	Jacket Potato & Cheese	Falafel Wrap	Macaroni Cheese	Veggie Fingers with Chips & Ketchup
<b>Choice 4</b> (Halal)	Chicken Meatballs & Pasta	Beef Chilli Con Carne & Rice	Roast Chicken Roast Potatoes Stuffing & Gravy	Spaghetti Beef Bolognaise	Salmon Fingers with Chips & Ketchup
<b>Seasonal Vegetables</b>	Carrots & Peas	Sweetcorn & Cabbage	Broccoli & Peas	Carrots & Sweetcorn	Baked Beans & Peas
<b>Dessert</b>	Pear & Chocolate Sponge & Ice Cream	Chocolate Brownie	Bakewell Sponge & Custard	Chocolate Mousse	Fruit Ice Lolly
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

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