

Bramingham Primary School Kitchen

*Where good ideas are nourished!*

# SCHOOL LUNCH MENU

w/c – 28/10/19, 18/11/2019, 09/12/19, 13/01/20, 03/02/20, 02/03/20, 23/03/20

Did you know we have swapped to sugar free beans!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	pork Sausage Mash & Onion Gravy	Spaghetti Bolognese	Roast Chicken With Stuffing Roast Potatoes & Gravy	Chilli Con Carne With Rice	Bubble Coated Fish With Ketchup & Chips
<b>Choice 2</b>	Veggie Sausage Mash & Onion Gravy	Veggie Spaghetti Bolognese	Quorn Roast With Roast Potatoes & Gravy	Sri Lankan Vegetable Curry With Rice	3 Cheese Pizza With Chips & Ketchup
<b>Choice 3</b>	Jacket Potato With Tuna Crunch	Veg Sticks and Salad wrap	BBQ Bean Wrap	Falafel Wrap	Jacket Potato With Beaked Beans
<b>Choice 4</b> (Halal)	Chicken Sausage Mash & Onion Gravy	Spaghetti Bolognese	Roast Chicken With Stuffing Roast Potatoes & Gravy	Chilli Con Carne With Rice	Bubble Coated Fish With Chips & Ketchup
<b>Seasonal Vegetables</b>	CarrOt Batons & Garden Peas	Sweetcorn & Cauliflower	Carrot Batons & Broccoli	Sweetcorn & Green Beans	Baked Beans & Garden Peas
<b>Dessert</b>	Chocolate Brownie	CornflaCe tCart & Custard	Fruit Smoothie	Decorated Cup Cakes	Cheese & Crackers With Fruit
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

For details on CULTURAL and SPECIAL DIETARY DIETS, ALLERGEN Information, School MEAL PRICES and more, please visit our website: [www.luton.gov.uk/schoolcatering](http://www.luton.gov.uk/schoolcatering)



**FOOD FOR THOUGHT**

A Luton Traded Service





Bramingham Primary School Kitchen

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# SCHOOL LUNCH MENU

w/c – 04/11/19, 25/11/19, 16/12/19, 20/01/20, 10/02/20, 09/03/20, 30/03/20

Did you know we have swapped to sugar free beans!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	American Brunch	Cheese Flan & Mash	Lemon & Herb Chicken With Roast Potatoes	Beefy Cottage Pie	Salmon Fish Fingers
<b>Choice 2</b>	Cheese Ravioli in a Cream Sauce	Vegetable & Barley Chilli	Spicy Root & Lentil Casserole	Veggie Cottage Pie	3 Cheese Pizza With Chips & Ketchup
<b>Choice 3</b>	Jacket Potato With Cheese & Sweetcorn	Spicy Bean Burrito	Tuna & Sweetcorn Wrap	Jacket Potato With Tuna Mayo	Jacket Potato With Baked Beans
<b>Choice 4</b> (Halal)	American Brunch	Cheese Flan & Mash	Lemon & Herb Chicken With Roast Potatoes	Beefy Cottage Pie	Salmon Fish Fingers
<b>Seasonal Vegetables</b>	Carrot Batons & Green Beans	Sweetcorn & Garden Peas	Cauliflower & Carrot Batons	Broccoli & Sweetcorn	Baked Beans & Mini Corn on the Cob
<b>Dessert</b>	Melting Moment Biscuits With Fruit	Chocolate & Mandarin Sponge &	Raspberry Muffin	Cheese & crackers With Fruit	Fruit Jelly
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

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**FOOD FOR THOUGHT**

A Luton Trusted Service





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# SCHOOL LUNCH MENU

w/c – 11/11/19, 02/12/19, 06/01/20, 27/01/20, 24/02/20, 16/03/20

Did you know we have swapped to sugar free beans!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b> (Non-Halal)	Meatballs With Pasta & Tomato Sauce	Fish Fingers With Mash Potato	Traditional Chicken Pie With Potatoes & Gravy	Keralan Chicken & Rice	Traditional Battered Fish With Chips & Ketchup
<b>Choice 2</b>	Veggie balls With Pasta & Tomato Sauce	Quorn Curry With Rice	Quorn Pie With Roast Potatoes	Classic Macaroni Cheese	3 Cheese Pizza With Chips & Ketchup
<b>Choice 3</b>	Tuna Melt	Chicken Tikka Wrap	Cheese & Bean Quesadilla	Jacket potato With Cheese & sweetcorn	Veggie Hot Dogs
<b>Choice 4</b> (Halal)	Chicken Balls With Pasta & Tomato Sauce	Keralan Chicken Curry With Rice	Traditional Chicken Pie With Potatoes	Keralan Chicken & Rice	Traditional Battered Fish With Chips & Ketchup
<b>Seasonal Vegetables</b>	Carrot Batons & Garden Peas	Cauliflower & Garden Peas	Green Beans & Sweetcorn	Broccoli & Carrots	Baked Beans & Peas
<b>Dessert</b>	Red Velvet Cake	Pear Upside Down Cake & Custard	Apricot Flapjack	Black Forest Cup Cakes	Cheese & Crackers With Fruit
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: \*Home Made Fresh Bread \*Fresh Salad Items

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