

Bramingham Primary School

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22nd June 2022

Dear Parents

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through our personal, social, health and emotional (PSHE) curriculum. PSHE covers many topics including all kinds of relationships, physical/emotional health and the skills needed to live in the wider world. The aim of our PSHE curriculum is to help pupils make safe and informed decisions during their school years and beyond.

Relationships, health education (RHE) is the statutory element of our PSHE curriculum and all schools in England are required to teach it. Our planning is informed by the Christopher Winters Project (approved by the PSHE association) and adapted to suit our curriculum.

Between now, and the end of the Summer term, we will be teaching RHE as part of our PSHE lesson time; this will include topics such as: the human lifecycle, what happens during puberty and why, male and female bodily changes and hygiene. During these lessons, pupils will be able to ask questions, which will be answered factually in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Kind regards,

Mrs L Howes
PSHE Co-ordinator

